



18 OCT, 2021

It's Showtime!

Woman's Day, National

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This week's top-shelf TV



Soapie special

Days Of Our Lives: Beyond Salem

MONDAY, 1PM, FOXTEL FOX ONE

A spin-off from one of the world's longest-running daytime soaps, *Beyond Salem* brings together the show's most-loved characters from the past and present. Told over one long weekend in different states across the US, our characters find themselves embroiled in a mystery involving stolen jewels, which in the wrong hands could cause dire consequences for the world. The stars include soap greats Lisa Rinna, Eileen Davidson, Deidre Hall and Charles Shaughnessy.



Australia's Health Revolution With Dr Michael Mosley

WEDNESDAY, 7.30PM, SBS

Health has never been more precious, so what if you could reverse your illness? Join renowned science journalist Dr Michael Mosley as he attempts to tackle the nation's fastest-growing chronic disease, type 2 diabetes. Joined by Indigenous exercise physiologist Ray Kelly, Michael puts his body on the line to demonstrate the latest science. Together, they try to help eight brave Australians reverse their diabetes with a low-calorie diet and lifestyle changes rather than just medicine.



Cute dogs and Dr Chris – what a paw-fect match!

Editor's pick!

The Dog House Australia

TUESDAY, 7.30PM, TEN

Based on the hit UK series and narrated by everyone's favourite vet, Dr Chris Brown, *The Dog House Australia* follows a crew of devoted staff from the Animal Welfare League NSW, who tasked with finding their much-loved furry friends new homes, pair them up with budding dog owners based on their circumstances and lifestyles. In each episode, three lots of dog-seekers will find a special companion. It's heartwarming TV at its best!



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Love Island

MONDAY,
8.45PM, NINE

Following setback after setback, the much-anticipated third season of *Love Island Australia* is finally here! This time, our sexy singletons will descend on a newly created villa in the heart of Port Stephens, NSW – and there are more bombshells, more partner swaps and more texts than ever before. Hosted by Australia's sweetheart Sophie Monk (right), this guilty pleasure is the slice of paradise (and escapism) that will get you over the line while you book in your tropical holidays for next year!



Killer
thrillers

You

FRIDAY, NETFLIX

The blood-chilling new season finally arrives, and the stakes are even higher as America's most dysfunctional couple, Joe (Penn Badgley, right) and Love (Victoria Pedretti), welcome a baby into their lives. Throw in some prying suburban neighbours, relentless detectives and a growing body count, and you've got yourself one hell of a drama! A warning however, this show isn't for the faint of heart.



I Know What You Did Last Summer

FRIDAY, AMAZON PRIME

Lois Duncan's 1973 novel, which was also the basis of the iconic 1997 film, gets a 21st century upgrade in this reimagining of the iconic horror story. One year after the fatal car accident that haunted their graduation night, a group of teens bound together by a dark secret are stalked by a brutal killer. As they try to piece together who's after them, they soon discover their seemingly innocent town is anything but perfect. Everyone is hiding something, and uncovering the wrong information could be deadly...



The show is SBS' first foray into period drama.

New Gold Mountain

WEDNESDAY, 9.30PM, SBS

Travel back in time to the Australian gold rush in this adventure-filled, four-part drama. Directed by Corrie Chen (*Wentworth*), the series, inspired by real-life events, tells the untold story of the Australian gold rush in the 1850s from the perspective of Chinese miners. Charming Leung Wei Shing (Yoson An) risks everything for a chance at unlikely fortune in a new land, but when the body of a murdered European woman turns up on the walking trail, he quickly finds himself implicated.

Gruen

WEDNESDAY, 8.30PM, ABC

The wait is over – *Gruen* is back! Returning to our screens for a 13th season, the team joins host Wil Anderson (right), Todd Sampson and Russel Howcroft as they decode and expose all the messaging we fall for. Whether it's a juice label that thinks it's your long-lost best friend or a gorgeous white line design on a Kmart plate, nothing will escape the *Gruen* gaze.

Oz fave returns

